## Physical pendulum

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Solution: The inertial moment of a thin bar is,

$$
I=\frac{1}{3} m L^{2} .
$$

The center-of-mass is in the middle of the bar, $L=2 D$. Hence,

$$
\omega_{0}=\sqrt{\frac{D m g}{I}}=\sqrt{\frac{3 g}{2 L}} .
$$

